

## Bola Gets Sick

Angela and Peter have five children between the ages of one and twelve years old. All of them feel sick, especially Bola. Bola is the youngest child and she usually has a lot of energy, but not today. Today Bola only wants her mother. She is lethargic and sits in her mother's lap all day. Bola doesn't even want to play with her favourite toys. Her head is very hot and she doesn't want to eat or drink anything. Angela is worried about Bola. She thinks Bola has a fever.



Angela and Peter decide to take Bola to the doctor at the walk-in clinic in the shopping mall.

Bola only wants her mother today, so Angela takes her to the walk-in clinic while Peter looks after the other kids at home. When Angela and Bola get to the clinic, Angela talks to the receptionist. The receptionist asks for a health care card and asks Angela to sit in the waiting room. Angela and Bola sit in the waiting room for a long time. Bola fusses and cries while they wait and Angela tries to comfort her, but nothing works. Finally, a nurse comes and shows them to the examination room where they wait for the doctor.

The doctor introduces herself as Dr. Wu and asks Angela what's wrong. Angela explains that Bola doesn't want to eat or drink anything and that she thinks Bola has a fever. Dr. Wu and Angela talk about Bola some more. Angela says Bola has been sick for two days and that she is really worried about her

daughter. When the doctor asks how many wet diapers Bola has had in the last day, Angela answers, “Only one.”

Dr. Wu takes Bola’s temperature. The doctor also listens to Bola’s chest. Then she feels Bola’s throat. The doctor agrees that Bola has a fever. Bola also has the flu. She tells Angela to give Bola lots of water and juice. The doctor gives Angela some children’s medication and explains when to use it. This will tell if Bola is still dehydrated. “If the medication doesn’t help, take Bola to emergency at the hospital,” says Dr. Wu.

Dr. Wu shows Angela how to take Bola’s temperature at home and she tells Angela the normal temperature for a baby. Then Dr. Wu asks Angela to write down every time Bola needs a clean diaper. Now Angela knows what to do when her children get sick.