Self-Discovery Activities - consulted literature:

• *Canadian Language Benchmarks Can-Do Statements* (2013), Centre for Canadian Language Benchmarks.
• *Hands On! A collection of ESL Literacy Activities.*
• *Learning for LIFE: an ESL literacy handbook* (2009), Bow Valley College.
• Kilner, A. and Drew, R. (2012) *Learner Self-Assessment Toolkit: ELSA Levels Literacy to 7*
• *Teaching Adults: A Literacy Resource Book* (2013), New Readers Press.